



### Lisbon, Thu 19 to Mon 23 March 2026

Leave your to-do list behind and join us for a radiant weekend in Lisbon.

Over four carefully curated days, you'll discover Lisbon from every angle—strolling its cobbled streets, gliding into the Tagus River, savor delicious local cuisine, and experience the soulful magic of a live Fado performance.

From the iconic azulejos to the golden coastline, this journey is designed to delight your senses and renew your spirit.

We'll venture beyond the city to explore the fairytale beauty of **Quinta da Regaleira**, the charming medieval town of **Óbidos**, the sacred calm of **Fátima**, and the coastal energy of **Nazaré**.

Expect rich culture, meaningful moments, and plenty of laughter—all in the warm company of women who, like you, know that **travel is a form of self-care**.



## Let me guess...

You've been juggling a hundred things—work, home, everyone else's needs—and you can't remember the last time you did something just for you.

→ This trip is your permission slip to pause, reconnect with yourself, and be taken care of for a change. No worries, no stress—just beautiful experiences, meaningful moments, and all the details handled for you.



## Small like-minded group

Supportive, friendly group of women. Fostering camaraderie, laughter, and a safe, welcoming environment.

## Curated Itinerary

Every detail is thoughtfully planned: relax and fully immerse yourself in the journey without any stress or guesswork.

## Culinary Experience

Savor authentic cuisine in charming local restaurants, enjoy meals in sharing concept: just indulge and enjoy.

## A Beautiful Escape. Full of Delight, Story & You-Time.



#### **Culture, Cuisine & Connection**

Experience Lisbon's unique blend of style, flavors, and vibrant energy

- Wander colorful, historic streets and take in breathtaking views of the Tagus River, feeling the city's timeless charm at every turn.
- Savor authentic Portuguese cuisine—from fresh seafood to the world-famous pastéis de nata—in cozy restaurants and lively markets.
- Connect and unwind with like-minded women in a city known for its warm hospitality, vibrant neighborhoods, and lively cultural scene.



## Fado: Soulful Dinner & Timeless Music

An unforgettable show where tradition and emotion come alive over a delicious Portuguese meal.

- **Be captivated** by live performances from acclaimed Fado singers and musicians,
- Share a memorable evening immersed in Portugal's rich cultural heritage, with a delightful typical dinner in a truly authentic fado house.

Dive into culture, cuisine, and coastal charm.

# You deserve a getaway that feels like a gift to your soul.



#### Quinta da Regaleira: Mystical Gardens & Enchanting History

Experience a magical journey through one of Portugal's most captivating estates, filled with symbolism and wonder.

- **Explore** lush gardens, secret tunnels, and ornate architecture that tell stories of mysticism, alchemy, and romance.
- Wander the famous Initiation Well and winding paths that invite curiosity and discovery at every turn.
- Immerse yourself in an enchanting atmosphere that blends nature, history, and art—perfect for thoughtful reflection and inspiring photos.



## Day Trip to Fátima, Nazaré & Óbidos

Enjoy the rich diversity of Portugal's heritage with a day full of awesome sights and authentic towns.

- Visit Fátima, one of the world's most important pilgrimage sites, where spirituality meets history.
- Explore Nazaré's stunning coastline, famed for its giant waves, traditional fishing culture, and picturesque beaches.
- Wander the cobbled streets of Óbidos, a charming medieval village.

Journey through Portugal's most iconic sights in style.

## Lisbon. Thu 19 to Mon 23 March 2026

#### **DAY 1 - Thursday 19**

#### Welcome to Lisbon!

- Arrival at the airport flying from your respective city.
- You'll take the metro from the airport to our centrally located accommodation - I'll explain you in detail, you'll see how easy it is!
- We'll be there to greet you and help you settle in.
- In the evening, we'll kick off our radiant weekend with a special welcome dinner at a specialty restaurant of an award-winning chef—an inviting start to our shared journey.

#### DAY 2 - Friday 20

#### Discover Lisbon's Heartbeat.

- We start the day with an immersive walking tour that reveals the "true Portuguese soul" of Lisbon—through charming neighborhoods you'll hear local stories, uncover hidden gems, and connect with the city's authentic spirit. A thoughtfully-guided stroll that'll make you feel rooted in Lisbon's soul.
- At lunchtime, you'll have free time to explore a lively food market, where you can choose from a wide variety of local and international flavors at your own pace.
- In the afternoon, we'll see Lisbon from a whole new perspective—aboard an amphibious vehicle tour that cruises through the streets and then splashes into the river for a fun, unforgettable city adventure.
- As the day winds down, we'll gather by the riverside for a hearty Brazilian feijoada dinner—a delicious, comforting way to end the evening with great food and great company.

#### DAY 3 - Saturday 21

#### Coastal Wonders & Cultural Treasures.

- Today we will venture beyond Lisbon on a full-day small group tour to three of Portugal's most cherished destinations.
- Our first stop will be Fátima, a serene spiritual site known for its deeply moving atmosphere and historical significance as a world-renowned pilgrimage center.
- Next, we will head to Nazaré, a vibrant fishing village with dramatic ocean views and waves that have made it a legend among surfers. We'll enjoy a an abundant seafood lunch, choosing from fresh, local specialties right by the sea.
- We will end the day in the storybook village of Óbidos, where whitewashed houses, flower-filled balconies, and medieval walls transport you back in time.
- After returning to Lisbon, we'll head to a food court near our hotel. Here, everyone can choose exactly what they're in the mood for—whether a light, healthy bite or something more indulgent. It's the perfect way to wind down together after a full day of exploring, with plenty of variety to suit every taste.

#### DAY 4 - Sunday 22

#### A Mystical Palace & a Farewell Toast.

- After yesterday's full adventure, we ease into the day with a relaxed yet enchanting escape to Sintra, the fairy-tale town nestled in the hills outside Lisbon.
- On this guided visit, we'll explore the Quinta da Regaleira, a magical estate filled with gardens, secret tunnels, and the iconic Initiation Well—a place where myth and architecture meet in the most poetic way.
- In town, you'll have time to sample some of Sintra's famous sweets at beloved local bakeries and try a classic bifana (Portuguese pork sandwich) for a casual, satisfying bite.
- We'll close our radiant weekend in true Lisbon style—with an intimate Fado dinner show. Over a traditional Portuguese meal, we'll be immersed in the hauntingly beautiful sounds of Fado: soulful voices, heartfelt lyrics, and the kind of atmosphere that lingers long after the last note fades. A perfect final gathering—time to toast to new friendships, unforgettable moments, and the beauty of letting yourself go.

#### DAY 5 - Monday 23

#### Until We Meet Again

- After breakfast, it'll be time to say goodbye— feeling lighter, recharged, and full of beautiful memories.
- You'll make your way to the airport via Lisbon's easy-to-navigate metro system, heading home with a heart full of stories and new connections.
- Until next time—obrigada for being part of this unforgettable journey.

All for €897 per person + VAT — a gift to yourself to escape, connect and reset

### What's Included

- **4 nights** accommodation in a stylish, centrally located hotel (shared twin room)
- **Mentioned meals** with drinks 4 x breakfast, 3 x dinners, 1 x lunch.
- Guided walking tour of Lisbon with a local expert.
- City tour in amphibious vehicle.
- ✓ **Dinner & Fado** show in a traditional, intimate venue
- ✓ Day trip to Fátima, Nazaré & Óbidos with small-group transportation and guide
- ✓ **Guided visit** to Sintra & Quinta da Regaleira
- Curated group experience with a host offering care, insight, and local coordination
- ✓ Surprises & thoughtful touches throughout the weekend

### What's Not Included

- **Flights** to and from Lisbon.
- **Travel insurance** (mandatory to show proof of assistance and cancellation insurance).
- Souvenirs or personal purchases.
- Market meals (2 x lunch, 1 x dinner), extra drinks during the included meals.
- Your **local transport card** (0.5 EUR + few EUR per day) just because you get it upon arrival at the airport and will be recharging.
- **Tips** completely optional, we'll circulate an envelope for anyone who wishes to contribute (just a couple of euros), per restaurant visit and for some drivers and guides.

While we plan every detail with care, sometimes weather or unexpected changes mean we need to adjust the itinerary. If that happens, we'll always make sure you enjoy an alternative that's just as special.

#### Booking conditions and cancellation policy

- The reservation will be confirmed when 30% of the trip amount has been paid (€300).
- The remainder of the trip will be paid one month before departure (by February 18, 2026).
- Payments will be made by bank transfer.
- Cancellation fees:
  - 30% up to 1 month before the start of the trip (February 18, 2026).
  - the remaining 70% starting one month before the start of the trip (February 18, 2026).
  - Please show proof of assistance and cancellation insurance.

We truly understand that plans can change, and these policies help ensure a smooth experience for everyone. Please don't hesitate to reach out if you have any questions or need to talk through anything—I'm here to help.

## Your Host

Caro brings together her passion for travel, culture, and meaningful connection to create experiences that feel like more than just trips—they're moments of transformation.

With a background in project management and tourism, she understands the needs of busy women who seek not only to see the world but to feel it deeply.

She believes travel should be a pause from the daily rush—a chance to breathe, explore, and rediscover joy through carefully curated journeys that balance culture, comfort, and genuine connection.

Every Nariva Travel experience reflects her commitment to thoughtful planning, authentic encounters, and a little bit of magic that stays with you long after the journey ends.



Caro Armas
Travel Curator

- <u>+32 488 87 72 25</u>
- caro@narivatravel.com
- narivatravel.com
- Antwerp, Belgium

The name "Nariva" blends Nari, the Sanskrit word for "woman," with Va, which means "goes" in Spanish.

To us, it's more than a name — it's a call to action.

She goes. You go.

Let's go.

# Ready to Give Yourself the Gift of a Beautiful Escape?

This isn't just another group trip — it's a **carefully crafted experience** designed to nourish your senses, spark your curiosity, and remind you why you deserve to take time just for you.

**Imagine a journey** of effortless beauty, soulful stories, and indulgent flavors — all without the stress of planning or the rush of everyday life.

Are you ready to say yes to yourself?

Let's make it happen.

If you have any question I am here to help:

- Whatsapp +32488877225
- ≥ Email <u>caro@narivatravel.com</u>

Don't wait — spaces are limited.

## Lisbon from Thursday 19 to Monday 23 March 2026 / 5 days, 4 nights





